



# CAMPUS TOWERS NEWS

## September

### 2018



### FROM THE DESK OF MARCHELLE KNAPP

September for many is the month that we in the northwest settle back into the routines we get away from during the summer months. What a beautiful summer it has turned out to be. The exception of course was the smoky days from all of the fires.

I am happy to report that we have begun to live stream the Northlake church services every Sunday starting at 10:00 am in the wellness center room 210. If you aren't feeling up to going to church or you aren't currently connected to a local congregation you can come and be a part of church right here in the building. It is amazing what technology can do. You can also use the new smart TV to watch a favorite program or ball game together. Just sign up to use the room at the office.

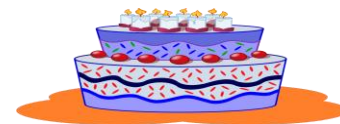
This past month I met with representative Jim Walsh, he is our elected representative in Olympia. He came and toured the Towers. He was thrilled to see the affordable housing we offer seniors in our community. He has offered to assist us to apply for grants to help pay for replacing the water pipes in the building. Will you pray that we will find favor and be able to secure funding for this project.

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## September Birthdays

### Residents

- 09/04 Emily Peterson-Hill
- 09/06 Geneive Weatherman
- 09/09 Florence Hegwine
- 09/09 Clara Mansfield
- 09/22 Freda Fogle
- 09/24 Linda Sparks
- 09/25 Irene Olason
- 09/29 Sandi Pierce



### Staff

- 09/04 Leslie Gonzales

**Happy Labor Day**  
*Meals will be on Holiday Schedule*  
*Monday September 3<sup>rd</sup>*  
*Dining Room Hours*  
*10:00 am to 2:00 pm*

**The Office will be closed on  
Labor Day**



## Tid Bits from Becky

We have some great stuff planned for September. Keep your calendars posted on your refrigerator so you don't miss the great events this month.

September 6<sup>th</sup>: The lunch bunch will be going to El Tapatio in Rainier. We will be able to enjoy the beautiful view of the river while we eat a delicious lunch.

The 8<sup>th</sup> floor will be having a community meeting along with a floor party on September 10<sup>th</sup>. New Carpet will be going in on that floor on the first week of September. At the get together we will be picking a theme for the artwork. Please come and share your thoughts on décor and celebrate with your neighbors.

September 13<sup>th</sup> at 1:00 will be the September Birthday party. If you are celebrating a birthday this party is for you.

The mens breakfast will be September 17<sup>th</sup>. We are planning to go to Stuffys. Meet at 10:00 at the office to load the bus.

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September 20, at 11:00 we will be taking the bus to Vernonia for the St Mary's annual quilt and crafts fair. Bring \$1.00 for admission and money for lunch. \$10.00 should cover everything. They have beautiful crafts and quilts to see. They have a nice luncheon at the fair.

The 7<sup>th</sup> floor is having a floor party on the 27<sup>th</sup> at 1:00. Come and have fun with your neighbors.

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## CAMPUS TOWERS TALENT SHOW SEPTEMBER 25<sup>TH</sup>

We are rounding up all of those talented residents to come and share their gifts with the community. If you sing, juggle, dance, write poetry, play an instrument, perform comedy or want to be a part of a skit. We are looking for you .....

Come and Sign up at the office

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**RITE AID IS HOSTING THE ANNUAL  
FLU SHOT CLINIC ON  
SEPTEMBER 18<sup>TH</sup> AT 10:30  
IN THE ACTIVITY ROOM  
COME AND GET YOUR FLU SHOT AND  
BE PROTECTED DURING THIS YEARS  
FLU SEASON**



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## Looking ahead .....

Next month we are planning to have our own health fair here at the Towers. We will be hosting health care providers and insurers. This will coincide with Medicare open enrollment. More details to follow.

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## Reminder

**The Beauty Salon is open for all services on Monday's & Tuesdays. We recently added the second day for your convenience.**

**Please stop in to the salon and say hi and make your appointments.**

## Don't be a target of Scammers

Recently it seems that scammers have gone on over drive to try and steal your money. Here are a few tips to keep you from being a victim.

1. *Never send money to someone you have never met face to face.*
2. *Don't click on links or open attachments in unsolicited emails.*
3. *Don't be pressured to act immediately, If it is a worthwhile service or product it won't require a rush decision.*
4. *Be cautious about what you share on social media*
5. *Whenever possible, work with local businesses.*
6. *Never share personally identifiable information online or over the phone on a call you didn't initiate.*
7. *Never give out your bank information or social security number over the phone or online.*
8. *Never make a decision based on fear. This is a frequent scammer technique.*
9. *Make note the IRS will never contact you by phone.*
10. *If something doesn't feel right talk it over with someone you trust before making a purchase or signing up for something.*

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## I GOOFED.....

**last month I reported the incorrect price for the LED Lightbulbs.**

**They are for sale at \$1.50 per bulb.**

**You can purchase them at the office.**



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If you have a bicycle that is parked under the stairs at Campus Towers, please contact the office so that we can document whose bike is whose back there.



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## Did You Know.....

When you have the basic TV cable package that you get from Campus Towers it comes with On Demand. If you don't use that feature on your TV you are missing out. On demand allows you to watch many of your favorite TV shows anytime. To access on demand just select the "ON DEMAND" button on your remote control. This will open up the menu. Select tv shows and follow the menu prompts to find your show. You can watch any of the free options.

### Please Note

If you have an issue with your TV, contact the office NOT Comcast. Our service is free, Comcast will charge you to fix your TV/cable issues.

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